

Academy For Lifelong Learning

Session 1

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Let's Talk Baseball

Introduction - "Take Me Out to the Ballgame"

1. In the Beginning

- It's our game - the American game. Walt Whitman -1846
- Alexander Joy Cartwright, Daniel "Doc" Adams and the New York Knickerbockers - A Set of Rules
- Pitching, Hitting, Fielding, Cussing, Fighting, Gambling, Spiking, Booze, Racism, Sexism, Labor Disputes, Rivalries, Kill the Ump

2. Early Stars - Cap Anson, King Kelly, Wee Willie Keeler, John McGraw and Cy Young

3. "Casey at the Bat: A Ballad of the Republic." Earnest Lawrence Thayer, 1888

4. Baseball 101

Pitching - Earl Weaver, Baltimore Orioles

Hitting - Ted Williams - The Best Ever?

Small Ball - Ty Cobb - The Georgia Peach

Long Ball - The Legacy of Babe Ruth

Defense - Be Aware and in Motion

5. LIFE LESSONS LEARNED FROM BASEBALL

#1. In Baseball, as well as all of life's endeavors, you must learn to handle FAILURE. If you get a hit 3 times out of 10 attempts you will likely end up in the HALL OF FAME!

#2. For it's 1- 2 - 3 Strikes You're Out at the Old Ball Game !

