



Academy for  
**LIFELONG LEARNING**  
FELLOWSHIP • KNOWLEDGE • ADVENTURE

[www.aikenlearning.org](http://www.aikenlearning.org)

The  
*Spiral*

September, 2011

### **President's Message**

This September is the 22nd year the Academy for Lifelong Learning has offered courses for senior members of the CSRA, all in conjunction with the University of South Carolina Aiken. Many of the lecturers are from the University's faculty, others from members of the community.

This semester the Academy offers 13 courses and 4 special events including art, history, literature, poetry, politics, music, science, birding, Hitchcock Woods history, wine tasting and trips.

In August, the Academy featured a special exhibit of information and artifacts at the Aiken County Library highlighting courses taught over the past decade. In addition, a summary of courses was featured in the August 17 issue of the *Aiken Standard*, and another article will be featured in the August 31 issue of the *Mature Times* supplement to the *Aiken Standard*. Catalogs are available at the Aiken County Library, Aiken Center for the Arts, on the Academy's website, and at USCA from Laura Anderson at 641-3563 or Mary Anne Cavanaugh at 641-3587.

The Academy is always interested in suggestions for courses. The Curriculum Committee is beginning to solicit candidates for the Spring of 2012. If you have any ideas, contact Jerry or Marcia McDonald, or any member of the committee. The committee is particularly interested in obtaining liaison persons for some of the suggested courses.

Our current membership is 113. We are anxious to substantially increase this number to provide a balanced budget by the end of this calendar year. If you know of any persons who may be interested in the Academy, please provide them with a catalog and encourage them to join.

The Academy is looking to fill two positions: Curriculum Chair-Elect and Publicity Chair. Please see the "Vacant Officer Positions" article in this issue for details.

**Dick Baxter, Academy President**

### **New Website for the Academy**

For the last several years, The Aiken Academy for Lifelong Learning has been served by a single web page located on the University of South Carolina - Aiken's website. While we appreciate the service provided by USCA, the need run the gauntlet of USCA Information Management for any additions or updates has made it difficult to keep our page up-to-date and informative. This year we are branching out with our own independent website under direct control of the Academy in order to better serve the needs of our members.

The web address for the Academy's website is [www.aikenlearning.org](http://www.aikenlearning.org).

We invite our members to visit our site to see what is available there. As this is a work in progress, check back often to see the latest additions.

### **Did You Receive a Paper Copy of the Fall Catalog in the Mail?**

In order to help control costs and also eliminate some confusion, the Academy's Fall catalog is now a standalone publication, and is no longer included in a single brochure that also contained SeniorNet and USCA Continuing Education. To help control distribution costs, electronic copies were sent to all previous members for whom a valid email address was on file. Paper copies were mailed only to those without a valid email address on file. If you received a paper copy and are able to receive documents via email, please help us keep our future distribution costs to a minimum by making sure the USCA office has your email address. Contact Laura Anderson at USCA (641-3563 / [lauraa@usca.edu](mailto:lauraa@usca.edu)).

### **Vacant Officer Positions**

Following last March's election of officers, two positions still remain to be filled. They are:

**Curriculum Chair-elect** – The holder of this position sits on the Curriculum Committee to assist the Committee Chair, while "learning the ropes" of the operation of the committee. The Chair-elect then moves up to the Committee Chair position the next

year, assuring an orderly transition for this vital committee.

**Publicity Chair** – The holder of this position is in charge of publicizing the Academy and its activities.

Remember, the Academy is a volunteer-run organization. If nobody steps up to help, nothing happens. If you would be willing to serve in either of these positions, please contact Academy President Dick Baxter (648-3355 / [rgbinaiken@yahoo.com](mailto:rgbinaiken@yahoo.com)).

### Catalog Update

Please note the dates for the AMERICAN REALISM IN LITERATURE course beginning in October have been changed. The class will now meet October 14, 28 and November 4, 11 (with no class on October 21). The online copy of the Fall Catalog on our new Academy website has been updated with this change but the distributed printed copies and initial emailings of electronic copies did NOT contain this change.

When such catalog changes occur, people enrolled in affected classes will receive notice of the changes. Those without email addresses on record will receive postal notices. Those with emails on record will receive notice via email, so please remember to check your incoming email regularly.

### Courses Beginning in SEPTEMBER 2011

Please see the published course catalog for course descriptions and additional information. (The Fall 2011 catalog is available on the web at [http://www.aikenlearning.org/catalog/2011-2\\_catalog.pdf](http://www.aikenlearning.org/catalog/2011-2_catalog.pdf)). To enroll, return the form in the catalog along with any required payment. For questions, contact Laura Anderson at USCA (641-3563 / [lauraa@usca.edu](mailto:lauraa@usca.edu)).

#### THE ANCIENT ROMAN REPUBLIC

Date: 4 Wednesdays, Sept. 7, 14, 21, 28

Time: 10:00 a.m. – 10:50 a.m.

Location: Penland Administration Bldg., Rm. 110

#### MORE SPY STORIES

Date: 4 Mondays, Sept. 12, 19, 26, Oct. 3

Time: 11:00 a.m. – 11:50 a.m.

Location: Penland Administration Bldg., Rm. 110

#### 4 ARTISTS SHARING WORDS, MUSIC AND VISUAL ART

Date: 4 Wednesdays, Sept. 14, 21, 28, Oct. 5

Time: 11:00 a.m. – 11:50 a.m.

Location: Penland Administration Bldg., Rm. 106

#### HITCHCOCK WOODS

Date: 3 Thursdays, Sept. 15, 22, 29

Time: 1:40 p.m. – 2:55 p.m. (Note: time for the field trip on the 29<sup>th</sup> will be 1:40 p.m. – 3:30 p.m.)

Location: Penland Administration Bldg., Rm. 106

#### BIRDS HERE AND THERE

Date: 4 Tuesdays, Sept. 20, 27, Oct. 4, 11

Time: 1:40 p.m. – 2:55 p.m.

Location: Penland Administration Bldg., Rm. 106

In addition there is one Special Event in September:

#### UNDERSTANDING AND TASTING ITALIAN WINES

Date: Wednesday, Sept. 21

Time: 4:00 p.m. – 6:00 p.m.

Location: Aiken Center for the Arts, 122 Laurens St. SW

Enrollment Limit: 16 people

### Non-Academy Items that May be of Interest to our Members

USCA's Wellness Center Director, Mila Padgett has informed us of two senior programs that may hold appeal for Academy members.

#### Senior Water Aerobic Classes at the USCA Natatorium

Classes are \$20 for a 10 class punch pass. The classes are held in the shallow end of the pool and take place on M/W/F from 9:30-10:30am. Drop in anytime to check it out! If there is enough interest they will begin a class on Tuesday and Thursday mornings as well. Contact Mila Padgett for more information (803-641-3230 / [milap@usca.edu](mailto:milap@usca.edu).)

#### 60 Plus Seniors Program

The USCA Wellness Center has a wonderful program dedicated to the senior population. The mission of the 60 Plus Seniors Program is to enhance the quality of life of the participants by providing supervised programs embracing healthy lifestyle choices.

The program includes scheduled class times to utilize the entire Wellness Center. The classes are 1 hour and 15 minutes in length, beginning at 8am and ending at 12pm. Meeting times are every Tuesday, Thursday and Saturday. Members must choose and adhere to a specific class time. All of the classes are limited to 55 members.

#### Class Times

8:00am-9:15am

8:30am-9:45am

9:15am-10:30am

10:00am-11:15am  
10:45am-12:00pm

The program also includes optional aerobics, strength, yoga, stretch and balance classes. The classes are lead by qualified instructors and are geared toward the senior population.

To qualify for the 60 Plus Seniors Program, applicants must be a minimum of 60 years old, complete an initial meeting with Woodrow Price, Special Programs Coordinator, complete a medical history and informed consent, and have their physician complete a medical release form.

Fees for the 60 Plus Seniors Program are currently set at \$120 per year or \$60 per 6 months. Membership fees are due on May 1 and November 1. Membership fees can be prorated if a new member joins in between the membership due dates.

For additional information or to register for the program contact Woodrow Price (803-641-2853 / [woodrowp@usca.edu](mailto:woodrowp@usca.edu)).

## August 12 Board Meeting

President Dick Baxter called the meeting to order at 10:00 am. Those present were Dick Baxter, Glenn Knowles, Gerald McDonald, Wesley Sloan, Norb Denil, Kathy Schulz, Mary Anne Cavanaugh, and Dr. Kathleen Kalpin-Smith.

Dr. Kathleen Kalpin-Smith is our new Faculty Liaison replacing Elaine Lacey. and is an Assistant Professor in the English Department.

Minutes from the May 13 Board Meeting were approved.

### Treasurer's Report.

Treasurer Norb. Denil planned to meet with Rick Arkin to update our current financial situation. After that meeting, Norb. will send a Financial Analysis Report summary to each Board member.

### Marketing.

Jerry McDonald, and others, reported that the Open House to be tied in with that of USCA was postponed until later this year prior to the start of the Spring semester. The USCA Open House was canceled for this

year, but the Senior Extravaganza will be held with USCA participating and ALL catalogs will be made available to interested persons.

### Curriculum Committee.

The Committee currently has 12 suggested courses, and are interested in hearing from members on other suggestions. In addition, liaison volunteers are need for some courses.

### Publicity.

An interesting and informative ALL display was placed on the Aiken County Library 2nd floor by LaVerne Specas committee.

An *Aiken Standard* article on courses offered this semester was published on Aug. 17. Another article will be published in the Aug. 31 issue of *Mature Times*.

Catalogs were distributed to the Aiken County Library, The Aiken Center for the Arts, and are available at USCA , B&E Bldg. rooms 111 and 113.

### Membership.

Current membership is 113. Continue to contact friends and acquaintances about the Academy and its resources.

Positions for Curriculum Chair-Elect and Publicity Chair are still open for volunteers.

*The Spiral* is published monthly during the academic year by the Academy for Lifelong Learning at the University of South Carolina – Aiken, 471 University Parkway, Aiken, SC 29801. 803-641-3587. Doug Wilson, Editor

**Academy Officers:** Richard Baxter, President; Glenn Knowles, Immediate Past President; Gerald MacDonald, President Elect; Wesley Sloan, Secretary, and Norb Denil, Treasurer.

**Chairpersons and Other Members of the Academy:**  
**Board of Directors:** Marsha MacDonald, Curriculum Chair; (Vacant), Curriculum Chair-Elect; (Vacant), Publicity Chair; Kathy Schulz, Membership Chair.

**Non-Members:** Mary Anne Cavanaugh, Director of Conferences & Continuing Education; Dr. Kathleen Kalpin-Smith, Faculty Liaison; Dr. Deidre Martin, Vice Chancellor for University Advancement.

**Academy on the Web:** <http://www.aikenlearning.org>

ACADEMY CALENDAR – SEPTEMBER 2011						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7 <i>Ancient Rome</i> 10:00a [P 110]	8	9	10
11	12 <i>Spy Stories</i> 11:00a [P 110]	13	14 <i>Ancient Rome</i> 10:00a [P 110]  4 Artists 11:00a [p 106]	15 <i>Hitchcock Woods</i> 1:40p [P 106]	16 <i>Curric. Committee</i> 10:00a [B 102]	17
18	19 <i>Spy Stories</i> 11:00a [P 110]	20 <i>Birds Here and There</i> 1:40p [P 106]	21 <i>Ancient Rome</i> 10:00a [P 110]  4 Artists 11:00a [p 106]  <i>Italian Wine Tasting</i> 4:00p [Aiken Center for the Arts]	22 <i>Hitchcock Woods</i> 1:40p [P 106]	23 <i>Board Meeting</i> 10:00a [B 207]	24
25	26 <i>Spy Stories</i> 11:00a [P 110]	27 <i>Birds Here and There</i> 1:40p [P 106]	28 <i>Ancient Rome</i> 10:00a [P 110]  4 Artists 11:00a [p 106]	29 <i>Hitchcock Woods</i> 1:40p [Field Trip]	30	

[Location Codes]    B = Business & Education Bldg @ USCA    RP = Ruth Patrick Science Center @ USCA  
                               N = Nursing Bldg @ USCA                    P = Penland Bldg @ USCA                    CC = Cedar Creek Community Building