



Academy for
LIFELONG LEARNING
FELLOWSHIP • KNOWLEDGE • ADVENTURE

aikenlearning.org

The
Spiral

OCTOBER, 2019

President's Message

Classes are well underway now and there's something for everyone. Here are some that are going on already in September:

- All sorts of history classes -- remember how dull history was when what that meant was memorizing dates, places and names? But in these history classes you learn about the time period and what else was going on (and frequently can personally relate to some of it!). You learn about the people involved as personalities, not just names. And often the locations are places you've lived or visited, not just places you never heard of. What a difference time makes!
- The symphony and opera for those who appreciate the musical arts, or want to learn about them. (I started going to the opera class 5 years ago, with zero knowledge of opera, but haven't missed a class since!)
- Investing advice, learning how our best athletes are trained, understanding dementia as a problem many of us may encounter up close -- all so interesting and informative!
- And many more classes that will start up in October and November.

As you attend these classes, maybe they will spark an idea of another subject you would like to learn more about. If so, please get in touch with Kathy Rachick (curric@aikenlearning.org), our Curriculum Chair, and let her know. Even better, come to a curriculum committee meeting and bring your ideas! Our next meeting will be October 15 at 2:30 pm in B&E 102, and all Academy students are invited to attend, bring ideas or just observe.

(By the way, how many of you took me up on buying yourself a couple of new back-to-school outfits? Great idea, wasn't it!)

Harriet Haynes, Academy President
pres@aikenlearning.org

Gym Renovation Disrupts Several Classes



Renovations to the B&E 200 2nd floor gym will force the relocation or rescheduling of several class sessions in November and late October.

Haunted Aiken County is **rescheduled** to October 25 at 1:30-2:45 PM in Penland 106.

All Line Dancing Classes in October will meet as scheduled.

Line Dancing for Beginners in November is **rescheduled** to 1:30 – 2:30 in B&E 147.

Line Dancing Advanced in November is **relocating** to the Convocation Center North Practice Gym (2nd floor) at its originally scheduled time.

Check the Academy website (aikenlearning.org) for the latest information on all class changes.

Courses & Events Beginning This Month

Please see the published catalog for full descriptions and additional information. (You can download the current catalog from the Academy website at aikenlearning.org/Catalog.php).

To enroll, register online at campscui.active.com/orgs/UniversityofSouthCarolinaAiken1?season=2661413, or return the form in the catalog along with any required payment. For questions, contact UofSC Aiken Department of Continuing Education (803-641-3563 / info@aikenlearning.org).

IMPORTANT NOTE: Do NOT attend these classes or events unless you have pre-registered AND have received written confirmation of your registration from UofSC Aiken.

GRAMMAR REVIEW

Dates: 1 Wednesday, October 2

Time: 1:00 – 3:00 p.m.

Location: Business & Education Bldg. Room 124

STUDIES IN THE STORY CYCLE

Dates: 4 Tuesdays, October 8, 15, 22, 29

Time: 1:00 – 2:15 p.m.

Location: Business & Education Bldg. Room 122

PATHWAYS TO A MINDFUL LIFE: THE MOST POWERFUL DECISION YOU MAY EVER MAKE

Dates: 5 Wednesdays, October 9, 16, 23, 30, November 6

Time: 1:30 -2:45 p.m.

Location: Business & Education Bldg. Room 116

NOTE Location Change

GUIDED MEDITATION

Dates: 6 Wednesdays, Oct 16, 23, 30, Nov 6, 13, 20

Time: 11:00 – 12:00 p.m.

Location: Business and Education Bldg. Room 116

EXERCISE IS MEDICINE

Dates: 4 Thursdays, October 17, 24, 31, November 7

Time: 9:00 – 10:00 a.m.

Location: **NOTE Location Change**

Business & Education Bldg. Room 124 Session 1; Business & Education 147 Sessions 2-4

Note: this course will be repeated in a duplicate section added in November.

ALEXANDER THE GREAT CONQUERS THE EAST

Dates: 4 Thursdays, October 17, 24, 31, November 7

Time: 12:00 – 1:00 p.m.

Location: Business & Education Bldg. Room 122

AIKEN THEATER BACKSTAGE TOUR

Date: Friday, October 18

Time: 10:00 – 11:30 a.m.

Location: Aiken Community Theatre

CONVERSATIONAL SPANISH

Date: 6 Fridays, October 18, 25, November 1, 8, 15, 22

Time: 12:00 – 12:50 p.m.

Location: Penland 110

LINE DANCING FOR BEGINNERS

Dates: 6 Mondays, Oct 21, 28, Nov 4, 11, 18, 25

October 21, 28:

Time: 12:00 - 1:00 p.m.

Location: Business & Education Bldg., 2nd fl. Gym

November 4, 11, 18, 25:

Time: 1:30-2:30 pm

Location: Business & Education Bldg. 147

NOTE November Time and Location Changes

LINE DANCING ADVANCED CLASS

Dates: 5 Wednesdays, Oct 23, 30, Nov 6, 13, 20

Time: 12:15 - 1:15 p.m.

Location:

Oct sessions: Business & Education Bldg., 2nd fl. Gym:

Nov sessions: Convocation Center, North Gym (2nd floor)

NOTE November Location Change

NOTE No November 27 session due to Thanksgiving Holiday

FALL STEEPLCHASE

Date: Saturday, October 26

Time: Gates open at 9:30 a.m.- First race at 1:00 p.m.

Location: Bruce's Field, Aiken

NOTE: Reservations closed September 16

HAUNTED AIKEN COUNTY

Date: 1 Friday, October 25

Time: 1:30 – 2:45 p.m.

Location: Penland 106

NOTE Date and Location Change

AIKEN HISTORY

Dates: 4 Fridays, November 1, 8, 15, 22

Time: 10:00 – 11:15 a.m.

Location: Penland 106

August Board Meeting Summary

[Note: Minutes of the meeting were approved at the September 20, 2019 Board Meeting.]

Meeting was called to order at 2 pm.

Board members in attendance were Harriet Haynes, Jan Van Slyke, Doug Wilson, David Tavernier, Kathy Rachick, Jeanmarie Bronson, Karen Edgington, Joel Aitchison, and Lucy Sutter.

Last board meeting minutes were approved. Motion was made by Doug to approve with a second by Harriett.

Joel presented the Treasurer's report. The available balance is sufficient to cover anticipated expenses.

Kathy gave the curriculum committee report. Catalogs are out. Registration will begin Monday, August 19.

Jeanmarie gave the publicity report. An ad has been placed in the *Aiken Standard*. Approval to place the ad was okayed by email. Let her know by next meeting if it needs to be run again. An article will be in the *Mature Times* and promote curriculum.

Old Business:

Bylaws have been revised to add Webmaster to Board of Directors. This change was passed at annual membership meeting. Doug suggested that each board member have a copy of bylaws to refer to when needed.

The slate of officers was also approved at the annual meeting.

A decision was made to share a booth with McGrath Learning Center at the Senior Extravaganza on September 18 at Odell Weeks. The motion was adopted by email.

The USCA trademark has been changed. School is now UofSC Aiken.

New Business:

Joel has scheduled McGrath training for liaisons.

Karen discussed a possible joint venture with McGrath.

Open house and registration will be Monday, August 19.

Harriet stated more catalogs need to be ordered. There will be an order placed for 200 more.

Doug stated the website will be up for the new semester.

The meeting was adjourned at 4 pm.



Visit the ACADEMY LOGO SHOP
Apparel and other items with the
Academy for Lifelong Learning Logo
www.cafepress.com/A4LLL

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Academy Officers: President: Harriet Haynes; Past President: Jan Van Slyke; President Elect: (vacant); Secretary: Lucy Sutter; Treasurer: Joel Aitchison (UofSC Aiken), Web Master: Doug Wilson

Committee Chairpersons: Curriculum Chair; Kathy Rachick; Curriculum Chair-Elect: David Tavernier; Publicity Chair: JeanMarie Bronson

Ex-officio Members: Dr. Tim Lintner, Faculty Liaison; Karen Edgington, Director Office of External Programs; Katie Cromer, Administrative Assistant Office of External Programs

Academy on the Web: aikenlearning.org

ACADEMY CALENDAR – OCTOBER 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 <i>Jackson/Longstreet/ Chesnut</i> 9:30-10:30a [B 124] <i>Italian History</i> 11a-12p [B122]	2 <i>Athletic Performance</i> 10:15-11:15a [B 124] <i>French For Fun</i> 11:30a-12:30p [B 124] <i>Grammar Review</i> 1-3p [B 124]	3 <i>Live from the MET</i> 10:30-11:30a [B 124] <i>Afric. Amer. & WWII</i> 12-12:50p [B 124]	4 <i>Home Renovation</i> 10-11:15a [B 116] <i>SC Court Cases</i> 12:30-1:20p [P 106]	5
6	7 <i>Protestant Ref.</i> 9:30-10:45a [B 122] <i>Dementia</i> 2-2:50p [B 116]	8 <i>Jackson/Longstreet/ Chesnut</i> 9:30-10:30a [B 124] <i>Italian History</i> 11a-12p [B122] <i>Story Cycle Studies</i> 1-2:15p [B 122]	9 Yom Kippur <i>Athletic Performance</i> 10:15-11:15a [B 124] <i>French For Fun</i> 11:30a-12:30p [B 124] <i>Mindful Life</i> 1:30-2:45p [B 116]	10 UofSC Aiken Fall Break <i>Live from the MET</i> 10:30-11:30a [B 124] <i>Afric. Amer. & WWII</i> 12-12:50p [B 124]	11 UofSC Aiken Fall Break <i>Home Renovation</i> 10-11:15a [B 116]	12
13	14 <i>Protestant Ref.</i> 9:30-10:45a [B 122] <i>Dementia</i> 2-2:50p [B 116]	15 <i>Italian History</i> 11a-12p [B122] <i>Story Cycle Studies</i> 1-2:15p [B 122]	16 <i>Guided Meditation</i> 11a-12p [B 116] <i>Mindful Life</i> 1:30-2:45p [B 116]	17 <i>Exercise is Medicine</i> 9-10a [B 124] <i>Live from the MET</i> 10:30-11:30a [B 124] <i>Alexander the Great</i> 12-1p [B 122]	18 <i>Aiken Theater Tour!</i> 10-11:30a [Aiken Theatre] <i>Conv. Spanish</i> 12-12:50p [P 110]	19
20	21 <i>Protestant Ref.</i> 9:30-10:45a [B 122] <i>Beg. Line Dancing</i> 12-1p [B Gym] <i>Dementia</i> 2-2:50p [B 116]	22 <i>Italian History</i> 11a-12p [B122] <i>Story Cycle Studies</i> 1-2:15p [B 122]	23 <i>Guided Meditation</i> 11a-12p [B 116] <i>Adv. Line Dancing</i> 12:15-1:15p [B Gym] <i>Mindful Life</i> 1:30-2:45p [B 116] <i>Aiken Symphony</i> 3-4p [P 106]	24 <i>Exercise is Medicine</i> 9-10a [B 147] <i>Live from the MET</i> 10:30-11:30a [B 124] <i>Alexander the Great</i> 12-1p [B 122]	25 <i>Conv. Spanish</i> 12-12:50p [P 110] <i>Haunted Aiken</i> 1:30-2:45p [P 106]	26 <i>Steeplechase</i> 11a-4:30p [Bruce's Field]
27	28 <i>Protestant Ref.</i> 9:30-10:45a [B 122] <i>Beg. Line Dancing</i> 12-1p [B Gym]	29 <i>Italian History</i> 11a-12p [B122] <i>Story Cycle Studies</i> 1-2:15p [B 122]	30 <i>Guided Meditation</i> 11a-12p [B 116] <i>Adv. Line Dancing</i> 12:15-1:15p [B Gym] <i>Mindful Life</i> 1:30-2:45p [B 116]	31 HALLOWEEN <i>Exercise is Medicine</i> 9-10a [B 147] <i>Alexander the Great</i> 12-1p [B 122]		
[Location Codes @ UofSC Aiken] B = Bus & Educ Bldg P = Penland Bldg						