



Academy for  
**LIFELONG LEARNING**  
FELLOWSHIP • KNOWLEDGE • ADVENTURE

[aikenlearning.org](http://aikenlearning.org)

The  
**Spiral**

NOVEMBER, 2019

### **President's Message**

The HOLIDAY SEASON is upon us! Labor Day and Halloween have come and gone, but the biggies --- Thanksgiving and Christmas are looming on the horizon. So much to do, places to go, people to see, plans to make and execute --- it wears us out just to think about what all has to be accomplished in such a short time.

So let's plan for some tranquil breaks in the hub-bub, and what better way to do that than to attend the classes going on this month. Let Doris Hammond direct you toward a more mindful life, or learn to meditate with Sharon Preston. Mila Padgett says Exercise is Medicine --- see if you agree. Or have some fun line dancing with Brenda Taylor --- she has you covered whether you are a beginner or an advanced dancer. Or attend any of the other interesting, informative classes or events that are on the agenda this month! Take a break from the stresses of the season, and enjoy some "me" time that comes with attending the classes, learning new things, and talking with friends.

The classes for spring semester are being finalized this month, and the line-up looks great. We have so many knowledgeable and interesting professors who enjoy sharing their expertise with us (almost as much as we enjoy their classes!), and such creative and talented community experts who enthrall us with their amazing diversity of interests. Aiken is a powerhouse of talent, and we are so lucky to be living here!

To further simplify your Thanksgiving holiday, consider having Thanksgiving dinner in downtown Aiken at the ONE TABLE event on November 28, 11 am to 1 pm.

Have a joyful, peaceful Thanksgiving.

**Harriet Haynes, Academy President**  
[pres@aikenlearning.org](mailto:pres@aikenlearning.org)

### **Reminder: Line Dancing Classes Moved**

November sessions of both Beginning and Advanced Line Dancing classes have been relocated due to scheduled renovations of the B&E 2<sup>nd</sup> floor gym.

**Line Dancing for Beginners** will meet in B&E 147 at 1:30-2:30 pm.

**Advanced Line Dancing** will meet in the Convocation Center North Practice Gym (2<sup>nd</sup> floor) at 12:15-1:15 pm.

### **Deadline Approaching for Holiday Drop-In**



The annual Academy Holiday Drop-In Reception will be held Tuesday, December 10 from 2:00-3:30 pm in B&E 116.

There is no charge for current Academy members but **you must RSVP by November 22** to confirm your reservation so we'll know how much food and drink to order.

You can bring a non-Academy guest for \$15.

To RSVP and/or add a guest, contact USCA Continuing Education at [info@aikenlearning.org](mailto:info@aikenlearning.org) or 803.641.3756.

### **Academy Tours the Aiken Theater**

Thurmond Whatley, Aiken Community Theatre board member, led a group of Academy members on an interesting backstage tour of the Aiken Theater in October.



*Academy members learn about the workings of the Aiken Community Theatre from Thurmond Whatley on the set of ACT's production of Steinbeck's *Of Mice and Men*.*

## Courses Beginning This Month

Please see the published catalog for full descriptions and additional information. (You can download the current catalog from the Academy website at [aikenlearning.org/Catalog.php](http://aikenlearning.org/Catalog.php)).

To enroll, register online at [campscui.active.com/orgs/UniversityofSouthCarolinaAiken1#/selectSessions/2481806](http://campscui.active.com/orgs/UniversityofSouthCarolinaAiken1#/selectSessions/2481806), or return the form in the catalog along with any required payment. For questions, contact UofSC Aiken Department of Continuing Education (803-641-3563 / [info@aikenlearning.org](mailto:info@aikenlearning.org)).

**IMPORTANT NOTE:** Do NOT attend these classes or events unless you have pre-registered AND have received written confirmation of your registration from UofSC Aiken.

### AIKEN HISTORY

Dates: 4 Fridays, November 1, 8, 15, 22

Time: 10:00 – 11:15 a.m.

Location: Penland 106

### THE INGREDIENTS FOR WRITING A FICTION NOVEL, NOVELLA OR SHORT STORY

Dates: 4 Tuesdays, November 5, 12, 19, 26

Time: 10:00 – 11:15 a.m.

Location: Business & Education Bldg. Room 124

### UNDERSTANDING THE TAX CUTS AND JOBS ACT OF 2017 AND ITS IMPACT ON YOU

Dates: 3 Tuesdays, November 5, 12, 19

Time: 12:00 – 1:00 p.m.

Location: Business & Education Bldg. Room 124

### PLANET MARS: WHAT WE KNOW

Dates: 3 Fridays, Nov 8, 15, 22

Time: 9:00 – 9:50 a.m.

Location: Penland 106

### THE COLORFUL HISTORY OF THE SOUTH CAROLINA ACADEMY OF AUTHORS

Date: 1 Thursday, November 14

Time: 12:30 – 1:45 p.m.

Location: Business & Education Bldg. Room 122

### EXERCISE IS MEDICINE (Repeat section)

Dates: 4 Thursdays, November 21, December 5, 12, 19

Time: 9:00 – 10:00 a.m.

Location: Business & Education 147 Sessions 2-4

## Academy at the Steeplechase

A group of about 20 Academy members and guests signed up for the 28<sup>th</sup> annual running of the Aiken Fall Steeplechase at Bruce's Field on October 26.



*John Sheeks and Rich Thomason "graze" beneath our canopy.*



*Rachel Pirkle chats with Margaret and John Davis.*



*Sherry Wilson, Kathy Cook, and Carl Fields watch close-up race action from the Academy's railside site.*

## September 20 Board Meeting Minutes

[Note: These minutes were approved at the October 18 Board Meeting.]

Meeting was called to order at 2 pm.

Board members in attendance were Harriet Haynes, Jan Van Slyke, Doug Wilson, David Tavernier, Kathy Rachick, Jeanmarie Bronson, Joel Aitchison, and Lucy Sutter.

Motion was made by Doug to amend the August board minutes draft. Second was made by Joel. The amended minutes were approved.

Joel presented the Treasurer's report. The available balance is sufficient to cover expenses.

Kathy gave the curriculum committee report. There are approximately 35 classes on the schedule for spring.

The Senior Extravaganza at Odell Weeks was well attended. The academy shared a booth with McGrath.

Jeanmarie gave the publicity report. She is working on next month's article for *Aiken Standard*. Article will probably feature an instructor.

Old Business:

Kathy reported that new rack cards have been revised. The next order placed will feature the new ones.

The first liaison training with McGrath was attended by several Curriculum Committee and Board members. Other sessions will be scheduled. If you wish to attend, sign up through Joel.

A possible merger between Academy and McGrath was discussed. No final decision has been made. More meetings will be held. Pros and cons of merging will be addressed.

New Business:

If needed, money can be transferred from general account to Kauffmann Memorial account.

Joel is issuing limited emails to general student group. If an email needs to be sent, if possible, coordinate and combine with other board members requests.

There are several openings on the Curriculum Committee.

The meeting was adjourned at 4 pm.

**The Spiral** is published monthly during the academic year by the Academy for Lifelong Learning at the University of South Carolina Aiken, 471 University Parkway, Aiken, SC 29801. 803-641-3563. Doug Wilson, Editor

**Academy Officers:** President: Harriet Haynes; Past President: Jan Van Slyke; President Elect: (vacant); Secretary: Doug Wilson; Treasurer: Joel Aitchison (UofSC Aiken)


**Committee Chairpersons:** Curriculum Chair; Kathy Rachick; Curriculum Chair-Elect: (vacant); Publicity Chair: JeanMarie Bronson

**Ex-officio Members:** Dr. Tim Lintner, Faculty Liaison; Karen Edgington, Director Office of External Programs

**Academy on the Web:** [aikenlearning.org](http://aikenlearning.org)



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ACADEMY CALENDAR – NOVEMBER 2019						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 <i>Aiken History</i> 10-10:15a [P 106]  <i>Conv. Spanish</i> 12-12:50p [P 110]	2
3	4 <i>Protestant Ref.</i> 9:30-10:45a [B 122]  <i>Beg. Line Dancing</i> 1:30-2:30p [B 147]	5 <i>Writing Fiction</i> 10-11:15a [B 124]  <i>Tax Cuts &amp; Job Act</i> 12-1p [B 124]	6 <i>Guided Meditation</i> 11a-12p [B 116]  <i>Adv. Line Dancing</i> 12:15-1:15p [C North Gym]  <i>Mindful Life</i> 1:30-2:45p [B 116]	7 <i>Exercise is Medicine</i> 9-10a [B 147]  <i>Alexander the Great</i> 12-1p [B 122]	8 <i>Mars</i> 9-9:50a [P 106]  <i>Aiken History</i> 10-10:15a [P 106]  <i>Conv. Spanish</i> 12-12:50p [P 110]	9
10	11 <i>Beg. Line Dancing</i> 1:30-2:30p [B 147]	12 <i>Writing Fiction</i> 10-11:15a [B 124]  <i>Tax Cuts &amp; Job Act</i> 12-1p [B 124]	13 <i>Guided Meditation</i> 11a-12p [B 116]  <i>Adv. Line Dancing</i> 12:15-1:15p [C North Gym]	14 <i>SC Acad of Authors</i> 12:30-1:45p [B 122]	15 <i>Mars</i> 9-9:50a [P 106]  <i>Aiken History</i> 10-10:15a [P 106]  <i>Conv. Spanish</i> 12-12:50p [P 110]	16
17	18 <i>Beg. Line Dancing</i> 1:30-2:30p [B 147]	19 <i>Writing Fiction</i> 10-11:15a [B 124]  <i>Tax Cuts &amp; Job Act</i> 12-1p [B 124]	20 <i>Guided Meditation</i> 11a-12p [B 116]  <i>Adv. Line Dancing</i> 12:15-1:15p [C North Gym]	21 <i>Exercise is Medicine</i> 9-10a [B 147]	22 <i>Mars</i> 9-9:50a [P 106]  <i>Aiken History</i> 10-10:15a [P 106]  <i>Conv. Spanish</i> 12-12:50p [P 110]	23
24	25 <i>Beg. Line Dancing</i> 1:30-2:30p [B 147]	26 <i>Writing Fiction</i> 10-11:15a [B 124]	27 <b>UofSC Aiken Thanksgiving Break</b>	28 <b>UofSC Aiken Thanksgiving Break</b>  	29 <b>UofSC Aiken Thanksgiving Break</b>	30
[Location Codes @ UofSC Aiken]      B = Bus & Educ Bldg      P = Penland Bldg      C = Convocation Center						