



Academy for
LIFELONG LEARNING
FELLOWSHIP • KNOWLEDGE • ADVENTURE

aikenlearning.org

The
Spiral

JANUARY, 2021

President's Message

IF WINTER COMES, CAN SPRING BE FAR BEHIND?

Percy Bysshe Shelley

Welcome!

The Academy is so glad to have you back with us again, and hope you will enjoy the richness of the new spring semester, with its wonderful offerings of interesting and educational classes.

Let's make an effort to turn our backs on the heartache and uncertainties that we endured this previous year and look ahead to a brighter 2021. Yes, we've all suffered disappointments, isolation, and loneliness; many of us have also gone through losses and grief. But instead of dwelling on the hurt, let's do some things to invite our peace of mind to return -- maybe start moving (go for a walk?), begin making plans (the living room needs painting?), reach out to others (can we volunteer somewhere?). Being busy is probably the best way we have to clear all those distressing thoughts we are troubled by, and to help us appreciate the goodness that is still all around us.

And, of course, we hope part of your new year's plans includes classes at the Academy!

Wishing you happiness and peace in the coming year..

Harriet Haynes, Academy President
pres@aikenlearning.org

WHAT YOU NEED TO KNOW ABOUT THE NEW SEMESTER

COURSES

Twenty six courses are being offered this term. Most are offered for both in-class on online attendance. Seven are online only.

CATALOG

The Spring Academy catalog may be downloaded from the Catalog page of the Academy website, aikenlearning.org. Academy offerings are also included in the printed UofSC Aiken Continuing Education catalog, which you can obtain from the Business & Education Building, Room 111.

REGISTRATION

You may register for the Spring 2021 term beginning Friday January 8 at 9 am. No early registrations will be accepted. A single registration fee of \$70 enables you to register for any or all available Academy courses.

You may register in three ways:

- *Online* – go to campscui.active.com/orgs/UniversityofSouthCarolinaAiken1?season=2922134
- *Mail* – send in the registration form in the catalog along with your payment to the address on the form.
- *In Person* – bring your registration form and payment to the UofSC Aiken Continuing Education office, Business & Education Building, Room 111.

In addition, there will be a joint Registration Open House for the Academy and McGrath Computer Learning Center on December 8 from 9am to Noon, in Room 134 of the Business & Education Building.

ADDITIONAL INFORMATION

See the Academy website at aikenlearning.org.

Courses Beginning Soon

Please see the published catalog for full descriptions and additional information. (You can download the current catalog from the Academy website at aikenlearning.org/Catalog.php).

To enroll, register online at campscui.active.com/orgs/UniversityofSouthCarolinaAiken1?season=2922134, or return the form in the catalog along with any required payment. For questions, contact UofSC Aiken Department of Continuing Education (803-641-3563 / info@aikenlearning.org).

IMPORTANT NOTE: Do NOT attend these classes or events unless you have pre-registered AND have received written confirmation of your registration from UofSC Aiken.

👤 = In Person 💻 = Online

The Powerful Roles of Exercise and Nutrition in Illness Prevention and Health Maintenance

3 Fridays, January 15,22,29

9:00 – 10:00 a.m.

Business & Education Bldg., Room 124; 👤 💻

A Guide to Severe Weather in the CSRA

2 Wednesdays, January 20,27

10:00 – 11:00 a.m.

Business & Education Bldg., Room 124; 👤 💻

The Reunification of Italy 1796-1870

4 Wednesdays, January 20,27, February 3,10

1:00 – 2:00 p.m.

Online Only 💻

Exercise Is Medicine

4 Thursdays, January 21,28, February 4,11

9:00 - 9:45 a.m.

Business & Education Bldg., Room 124 - Session 1
Business & Education Bldg., Room 147 Session 2-4

👤 💻

More Strolls Around Mr. Irvin's Map

3 Mondays, January 25, February 1,8

9:30 - 10:30 a.m.

Business & Education Bldg., Room 124; 👤 💻

The Celts: Blood, Iron, and Sacrifice

4 Mondays, January 25, February 1,8,15

11:00 - 12:00 p.m.

Online Only 💻

Live From The Met Opera

6 Tuesdays, January 26, February 2,9,16,23, March 2

10:00 – 11:00 a.m.

Business & Education Bldg., Room 124; 👤 💻

Introduction to the National Problem of Unsolved Homicides/Missing Persons and Cold Cases

4 Tuesdays, January 26, February 2,9,16

1:00 - 2:00 p.m.

Business & Education Bldg., Room 124; 👤 💻

What Does It Really Mean? Iconography and the Arts II

Tuesday, January 26

2:30-3:30 p.m.

Online Only 💻

Warfare: Tactics and Technology of War

4 Wednesdays, February 3,10,17,24

10:30 - 11:30 a.m.

Business & Education Bldg., Room 124; 👤 💻

The History of the American Revolutionary War in the Central Savannah River Area

4 Thursdays, February 4,11,18,25

11:30 - 12:30 p.m.

Business & Education Bldg., Room 124; 👤 💻

Session 4: Fieldtrip Edgefield Discovery Center

405 Main St., Edgefield & Horns Creek Church

Museum; 👤 (No online)

Studio to Stage - Ballet

4 Fridays, February 5, 12, 19, 26

10:30 - 11:45 a.m.

Business & Education Bldg., Room 124; 👤 💻

Famous Aiken Winter Colony Visitors You've Never Heard Of

Wednesday, February 17

1:00 – 2:00 p.m.

Business & Education Bldg., Room 124; 👤 💻

A Brief Tour Of Non-Western Philosophies & Philosophers

4 Thursdays, February 18,25, March 4,11

9:00 - 10:00 a.m.

Business & Education Bldg., Room 124; 👤 💻



Visit the ACADEMY LOGO SHOP
Apparel and other items with the
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www.cafepress.com/A4LLL

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Academy on the Web: aikenlearning.org

ACADEMY CALENDAR – JANUARY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8 Spring Registration Opens <i>Reg. Open House</i> 9a-12n [B 124]	9
10	11	12	13	14	15 <i>Exercise & Nutrition</i> 9-10a [B 124]	16
17	18	19	20 <i>Severe Weather</i> 10-11a [B 124] <i>Reunification of Italy</i> 1-2p [B 124]	21 <i>Exercise is Medicine</i> 9-9:45a [B 124]	22 <i>Exercise & Nutrition</i> 9-10a [B 124]	23
24	25 <i>Mr Irvin's Map</i> 9:30-10:30a [B 124] <i>The Celts</i> 11a-12n [B 124]	26 <i>Live from the MET</i> 1-11a [B 124] <i>Cold Cases</i> 1-2p [B 124] <i>Iconography</i> 2:30-3:30p [Online only]	27 <i>Severe Weather</i> 10-11a [B 124] <i>Reunification of Italy</i> 1-2p [B 124]	28 <i>Exercise is Medicine</i> 9-9:45a [B 147]	29 <i>Exercise & Nutrition</i> 9-10a [B 124]	30
31						

ACADEMY CALENDAR – EARLY FEBRUARY 2021

	1 <i>Mr Irvin's Map</i> 9:30-10:30a [B 124] <i>The Celts</i> 11a-12n [B 124]	2 <i>Live from the MET</i> 1-11a [B 124] <i>Cold Cases</i> 1-2p [B 124]	3 <i>War Tactics & Tech</i> 10:30-11:30a [B 124] <i>Reunification of Italy</i> 1-2p [B 124]	4 <i>Exercise is Medicine</i> 9-9:45a [B 147] <i>Amer. Rev. in CSRA</i> 11:30-12:30 [B 124]	5 <i>Ballet</i> 10:30-11:45 [B 124]	6
7	8 <i>Mr Irvin's Map</i> 9:30-10:30a [B 124] <i>The Celts</i> 11a-12n [B 124]	9 <i>Live from the MET</i> 1-11a [B 124] <i>Cold Cases</i> 1-2p [B 124]	10 <i>War Tactics & Tech</i> 10:30-11:30a [B 124] <i>Reunification of Italy</i> 1-2p [B 124]	11 <i>Exercise is Medicine</i> 9-9:45a [B 147] <i>Amer. Rev. in CSRA</i> 11:30-12:30 [B 124]	12 <i>Ballet</i> 10:30-11:45 [B 124]	13
14	15 <i>The Celts</i> 11a-12n [B 124]	16 <i>Live from the MET</i> 1-11a [B 124] <i>Cold Cases</i> 1-2p [B 124]	17 <i>War Tactics & Tech</i> 10:30-11:30a [B 124] <i>Winter Colony Vistrs</i> 1-2p [B 124]	18 <i>Non-West Philosop.</i> 9-10a [B 124] <i>Amer. Rev. in CSRA</i> 11:30-12:30 [B 124]	19 <i>Ballet</i> 10:30-11:45 [B 124]	20

[Location Codes @ UofSC Aiken] B = Bus & Educ Bldg